



**2009 Cardinal Invitational
February 21-22, 2009
Stanford University
Redwood City, CA**

Hosted By:
Stanford University Sailing, Sequoia Yacht Club, Port of Redwood City

NOTICE OF RACE

1 RULES

- 1.2 The regatta will be governed by the Racing Rules of Sailing 2009-2012, the ISSA Procedural Rules, and the PCISA Supplemental Rules.
- 1.3 Each entered team is to provide one class legal CFJ in excellent, working condition.
- 1.4 Each boat is required to use sails issued by the PCISA.

2 ELIGIBILITY AND ENTRY

- 2.1 The regatta is open to teams which are current members of PCISA and invited members of ISSA.
- 2.2 Competitors must be accompanied by a designated adult chaperone, who may be an advisor, coach or parent.
- 2.3 Each eligible team may enter one Varsity team, consisting of 2 skippers, 2 crews and alternates (maximum of 8 sailors).
- 2.4 Junior Varsity teams, consisting of 2 skippers and 2 crews and their alternates, are eligible for entry upon approval of PCISA (space available). See PCISA Supplemental Rules.
- 2.5 A second JV team will be considered and admitted upon approval of PCISA. All second JV teams must be accommodated (space available) or none shall be entered. See PCISA Supplemental Rules.
- 2.6 Completed entry forms and \$125 entry fee payable to "Stanford Sailing" must be filed with the Stanford Sailing Office on or before Monday, February 16, 2009. Late entries will not be accepted, however entry fees will be accepted at registration on Saturday February 21, 2009.

3 SCHEDULE OF EVENTS

Saturday 2/21

0900 Team Check-in, Boat Inspection
1000 Sailors Meeting, Races to Follow
Post-racing dinner/social event

Sunday 2/22

0800-0930 Breakfast at SYC
1000 First Warning
1600 No races after this time

Team Check-In and Boat Inspection will be at the Port of Redwood City Public Ramp, Chesapeake Drive, Redwood City.

4 SAILING INSTRUCTIONS

Sailing Instructions will be available at Registration.

5 FORMAT

- 5.1 The entrants will be divided into two fleets, Gold and Silver. PCISA will make the final determination on which fleet a team is placed in.
- 5.2 Each entrant will compete in two divisions, A and B, with substitutions in accordance with ISSA/PCISA rules.
- 5.3 Races will be sailed in a Round Robin Format, with entrants rotating boats as prescribed by the Rotation Sheet provided at registration.

6 COURSE

- 6.1 The racing area will be Redwood City Turning Basin.
- 6.2 Course diagrams will be provided in the Sailing Instructions.

7 SCORING

- 7.1 A minimum of 3 races in each division will constitute a series.
- 7.2 Each team will complete a Record of Participation form at the regatta. The form will include names of skippers and crews, their anticipated graduation year and the races each participant sailed. Failure to accurately complete this form may result in a scoring penalty of up to 20 points per division.

8 TROPHIES

Trophies will be awarded in Gold and Silver Fleets, and top skipper and crew in each division. Awards will be given as soon as possible after the last race at the Stanford Boathouse.

9 CHARTERS

Stanford's CFJ's are available for charter by GOLD Fleet teams for \$125 each, and \$100.00 Damage Deposit on a farthest traveled or first-come, first-served basis. Email John Vandemoer (vandemoer@stanford.edu) with individual requests.

10 FOOD

- 10.1 A post-race dinner/social event is scheduled for Saturday. There will be \$5.00 lunches available through PYSF at the venue.
- 10.2 A Breakfast at Sequoia Yacht Club will be served on Sunday morning.

11 DISCLAIMER OF LIABILITY

- 11.1 Competitors shall comply with any reasonable request from any official, including requests while in attendance at event functions.
- 11.2 Competitors participate in the regatta at their own risk. The organizing authorities will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

10 INFORMATION

For information, Contact John Vandemoer, Head Coach at vandemoer@stanford.edu

Stanford Sailing Program
Department of Athletics
Arrillaga Family Sports Center
641 East Campus Dr
Stanford, CA 94305-6150

STANFORD SAILING 2009 CARDINAL INVITATIONAL Entry Form

Entry Deadline: 2/16/2009. Late entries will not be accepted.

Team Name: _____

CONTACT INFORMATION

Coach/Advisor: _____ Phone/Email: _____

Team Captain: _____ Phone/Email: _____

TEAM INFORMATION

Our team would like to sail in (circle one) GOLD SILVER

A DIVISION	Year of Graduation	B DIVISION	Year of Graduation
Skipper _____	_____	Skipper _____	_____

Crew _____	_____	Crew _____	_____
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Alt(s) _____	_____	Alt(s) _____	_____
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ENTRY FEE (includes 4 breakfast & 4 dinner tickets) \$125.00

Additional Breakfasts @ \$5.00 = _____ Additional Dinners @ \$10.00 = _____

Total: _____ Check # _____ (payable to Stanford University)

As the agent of the above named team, with my signature below I hereby authorized the staff of the Stanford Sailing to act for my team according to their best judgment in any emergency requiring medical attention, and I hereby waive and release Stanford for any and all liability for any physical injuries or illnesses while at the Cardinal Regatta. I have no knowledge of any physical impairment that would affect any of our sailors' participation in the regatta. My signature on this waiver also states that each of the above named sailors are covered by their own medical insurance policies, and that I will carry current information on those policies while attending Cardinal Regatta.

Team Captain Signature: _____

Coach/Advisor Signature: _____

Please FAX a copy, then mail original with payment to:

Fax (650) 725- 7242

**Stanford Sailing Cardinal Regatta, Department of Athletics
Arrillaga Family Sports Center, Stanford, CA 94305-6150**