

**PCISA 2007-2008 SINGLE-HANDED CHAMPIONSHIP**  
**Qualifying event for the**  
**Cressy Trophy**  
**High School Single-handed National Championship**

**By The San Francisco Yacht Club**  
**At the Treasure Island Sailing Center**  
**September 29-30, 2007**

**NOTICE OF RACE**

**HOST VENUE**

Treasure Island Sailing Center  
Located in the middle of the Bay Bridge  
Phone: (415) 421-2225  
Organizing Club: The San Francisco Yacht Club  
Contact: Richard Feeny, Youth Sailing Director  
(415) 435-9525 phone  
(415) 435-4794 fax

**RULES**

The regatta will be governed by the 2005-2008 Racing Rules of Sailing, the prescriptions of US SAILING, the 2005-2008 ISSA Procedural Rules (as modified by the PCISA); this Notice of Race and by the Sailing Instructions, all of which supplement or modify the former. RRS 40.1 will be changed as follows: All competitors are required to wear a life jacket or other adequate personal floatation device while racing.

**ELIGIBILITY/ENTRY**

Entry will be accepted from Full-Rig and Radial sailors who are full-time students, 9th grade and above and enrolled in an ISSA and PCISA member school. Sailors may enter by completing the Entry Form and Release of Liability Form (signed by parent or guardian). Entry/Release of Liability application must be received at The San Francisco Yacht Club by 1700 hours on Wednesday September 26th. Entry fee must be paid before Skipper's Meeting. All participants must sign the TISC waiver form.  
[http://www.tisailing.org/images/uploads/2007\\_youth\\_medical\\_liability\\_7404254.pdf](http://www.tisailing.org/images/uploads/2007_youth_medical_liability_7404254.pdf)

**FEE'S**

Entry fee is \$25 per competitor and includes 2 continental breakfasts and 2 lunches. Entries received after the above mentioned entry deadline must pay \$40 to enter.

**SAILING INSTRUCTIONS**

Sailing Instructions will be available on Friday and Saturday at Check-in.

**SCHEDULE**

Friday Sept. 28  
2PM Check-in opens  
6PM Check-in closes

Saturday October 1, 2005  
0900-1000 Check-in/Inspection (all boats must be class legal Lasers).

1030 Sailors Meeting  
1100 First warning Signal

Sunday October 2, 2005

1100 First warning signal  
1530 Last Start

Trophies Immediately following Racing

**BOATS**

All sailors must bring their own Class legal Laser with Full-Rig or Radial Rig and all related equipment. There will be no boat rotations.

**RACING AREA**

The intended race area will be in Clipper Cove.

**COURSES**

Courses will follow ISSA PR 7.7(a).

Race Committee will display courses prior to the warning signal for the next start.

**COACHING**

Coaching will only be allowed from a designated safety or spectator boat in designated coaching areas. The Race Committee may exclude a coach or coaches from contacting sailors on the water if they deem necessary.

See Safety below for further guidelines.

**SCORING / AWARDS**

Three (3) races shall constitute a complete regatta.

There will be no throw-outs in this regatta.

Prizes will be awarded to 1st, 2nd and 3rd place in each division.

**SAFETY / CONDUCT**

Designated safety / coach boats must monitor the VHF channel designated by the Race Committee at all times. In addition, safety / coach boat operators shall be prepared to monitor and/or assist any sailor(s) in danger.

No competitor shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. Infringements of this regulation will be the basis for disciplinary action. This regulation is in effect during the entire event from the time the sailors arrives onto TISC property until they depart at the conclusion of all regatta activities.

No competitor shall discard any trash on the ground or in the water at any time during the event.

**SPECIAL RULES**

Trailers may be parked in the TISC parking lot for the duration of the regatta.

No overnight parking of vehicles at TISC.

Limited food available on the island (the Cafe is open on Saturday only).

**DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, decision to race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**FURTHER INFORMATION**

For further information please contact Richard Feeny at The San Francisco Yacht Club.

**PCISA**  
**Singlehanded Championship Laser Full and Radial Rig**

**And  
Cressy Trophy Qualifier**

**The San Francisco Yacht Club  
September 29-30, 2007**

**ENTRY FORM  
(Please Print)**

High School: \_\_\_\_\_

Sail #: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Zip Code: \_\_\_\_\_

Phone#(H) (\_\_\_\_\_) \_\_\_\_\_ (C)(\_\_\_\_\_) \_\_\_\_\_

**RELEASE**

For and in consideration of the acceptance by The San Francisco Yacht Club of my entry in this regatta, I hereby accept all the risks and responsibilities of my yacht's participation in said regatta and waive to the fullest extent permitted by law any and all claims I may have against The San Francisco Yacht Club, and/or The Treasure Island Sailing Center, their members, officers, directors, committees, agents and/or employees arising out of or in any way connected with such participation. I agree to abide by the Sailing Instructions of this regatta, the Rules of the US SAILING Association, the Racing Rules of Sailing and by the Rules of the Host Organizations.

I further expressly agree that the foregoing release and waiver is intended to be as broad and inclusive as is permitted by law and that if any portion, clause or subclause hereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full force and legal effect.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND WAIVER OF CLAIMS AND SIGN IT OF MY FREE WILL.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Owner/Charter) (Skipper)

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian

Entry Forms must be returned to The San Francisco Yacht Club Youth Office no later than 5 PM Sept. 26, 2007.

**Please return to: The San Francisco Yacht Club, 98 Beach Road, Belvedere, CA 94920  
tel. 415.435-9525 - fax. 415.435-4794- e-mail Youth@SFYC.org - www.sfyc.org**